



YEAR 10

COMMUNITY SERVICE PROJECT

2019



"My brothers I beg of you with all the love of my heart, and by all the love you bear me, keep ever alive among you the charity of Christ. Love one another as Jesus Christ has loved you. Be of one heart and one mind."

Marcellin Champagnat

Community Service Project

Community service is an important part of the formation programme for students of St Gregory's College. Along with *Insight* in Year 11, it is an integral part of the *Boys to Men* Programme. As a Catholic school in the Marist tradition, it is important for our young men to put into practice the Gospel values and mission statements which are at the heart of all we do.



Aims of the Project:

At St Gregory's we hope to

- develop a culture and ethos of service in solidarity with all in our local and extended community;
- provide opportunities for students to exercise responsibility, develop leadership skills and learn through helping others;
- recognise the contribution of students who already participate in service activities in their own time.

Reasons to Volunteer:

Volunteering has a meaningful, positive effect on any community and on the individuals concerned. It can help individuals to

- give back to society;
- break down barriers; and
- build community while having fun.

Volunteer community service allows one to:

- gain valuable life experiences and skills;
- meet interesting people;
- send a signal to employers by indicating on a resume an individual's commitment, dedication and interests

How Community Service Works at St Gregory's College

A log card for recording service hours will be distributed to all Year 10 students. It is hoped that each student would reach the minimum expectations before the completion of Term 3.

All students who reach the required number of service opportunities will receive a Community Service Certificate. Any student wishing to receive a Community Service Medallion will need to complete above and beyond the minimum requirements as well as keeping a detailed journal. This should include:

- Photos of the student in action
- Journal entries highlighting challenges, enjoyable experiences and reflections
- Comments from supervisors and parents.

Boarding Students

As well as being able to achieve hours during the holidays with their own families, boarders will have the opportunity to perform various tasks around the boarding community. These activities can be decided upon in consultation with the Director of Boarding and Boarding Coordinators. Opportunities will be available for both boarders and day students to contribute to other agencies in the local Campbelltown area.

Expectations:

All students in Year 10 have the opportunity to provide service to the community. There are three categories of service: Family, School Community, and Local Community. Within each category, students will be able to participate in different types of activities.

Students are expected to fulfil a minimum of 3 family, 2 school and 1 community based activity. Students may do more than minimum requirement.

As each activity is completed, the student will be required to fill out their log card and have it signed by the supervising adult. This could be a parent, neighbour, aunt/uncle for family activities or a teacher, boarding supervisor for school activities. In the local Community category, students will be required to set up their own service or volunteer work. These categories will need to be signed off by the supervising facilitator of that organisation. Approval needs to be sought from Mrs Cathie Clarke or Miss Emma Kent to ensure it fits the criteria for the Project.

The log card is to be stored in the student's diary for inspection on request. Progress checks will be conducted throughout the term.

In order to be considered for election to other programmes within the College, including immersions, leadership and forums, students must have successfully completed the required hours.

The activities on the following pages are some suggestions on how students may contribute and the approximate length of each activity.



Activities

Some suggested activities for day students in the **Family Category** are as follows:

Activity	Signature
Wash Car	
Complete car detail (wash and vacuum interior)	
Vacuum entire house	
Mow Lawn	
Unstack/restack dishwasher or wash dishes	
Read/colour in/give full attention to a younger sibling	
Visit Grandparents and offer to do odd jobs	
Bath and groom pets	
Category Completed (Miss Kent to Sign)	

Some suggested activities for Boarders in the **Family Category** are as follows:

Activity	Signature
Weeding the gardens around Boarding Houses	
Pick up rubbish around the College and down Badgally Road	
Read / give full attention to a younger Boarder	
Help out at the Brothers' Community	
Help out at the farm	
Organise and umpire a game for younger Boarders	
Category Completed (Miss Kent to Sign)	

In the **School Community Category**, St Gregory's College will provide opportunities for students by linking with organisations and groups in their community. Suggested activities in the **School Community Category** are as follows:

Activity	Signature
St Vincent de Paul Society Collection	
Salvation Army Doorknock Appeal	
Claymore Homework Club	
ANZAC Day Parade	
Reiby Juvenile Justice Centre	
Band Participation out of school hours	
Volunteer at school functions out of school hours (includes debating)	
Category Completed (Miss Kent to Sign)	

In the **Local Community Category**, students must link with organisations and groups in their community themselves and organise volunteer work. Suggested activities in the **Local Community Category** are as follows:

Activity	Signature
Visit Retirement Home	
Visit and assist at School for the disabled	
Sell merchandise for Charities	
40 hour famine	
Red Cross Blood donation (Campbelltown Mobile Donor Centre) (16 years and over) – local community	
Category Completed (Miss Kent to Sign)	

Some more ideas can be found by exploring volunteer websites. Some useful sites are as follows:

<http://yvolunteer.org.au/About/Help-page.aspx>

<http://www.thsmithfamily.com.au/site/page.cfm?u=30&gclid=CMfdk8qktawCFURV4godAgrTig>

<http://www.kidactivities.net/category/Community-Service-Middle-High-School.aspx>

<http://www.volunteeringaustralia.org/>



St Gregory's College Year 10 Community Service Project 2019

Name: _____ Homeroom: _____

All students in Year 10 have the opportunity to provide service to the community by volunteering their time. All activities must be completely voluntary and not part of their regular duties.

Family			
Activity	Date	Times	Signature
Category Completed			

School			
Activity	Date	Times	Signature
Category Completed			

Community			
Activity	Date	Times	Signature
Category Completed			

Progress Check 1	Progress Check 2	Progress Check 3	Progress Check 4
Sign:	Sign:	Sign:	Sign:

